DELUXE PERU

LIMA, CUSCO & MACHU PICCHU

June 30-July 7, 2022

HIGHLIGHTS

- Coda Tours signature small group size
- Coda Tours signature comprehensive sightseeing programs
- Coda Tours signature inclusive meal plan
- Coda Tours signature deluxe & luxury accommodations
- Walking through Machu Picchu – a Bucket List Event
- Enjoying brunch aboard the luxury Hiram Bingham
- Meeting Quechan-speaking natives in Sacred Valley
- The ruins of a massive fortress: Ollantaytambo
- The markets of Cusco
- The ruins of Korikancha, "The Sun Temple"
- The collection at Larco Herrera Museum in Lima

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DELUXE PERU: LIMA, CUSCO & MACHU PICCHU

Machu Picchu is on everyone's Bucket List. This is the home of the mystical Incas that reigned over the Andes when the Spanish conquistadors arrived. But beyond Machu Picchu, Peru is a magical destination for many reasons. It has an incredible modern culinary scene that you can discover in Lima and throughout this trip. Cusco is offers a glimpse into the Golden Age of exploration and an opportunity to purchase amazing handicrafts. And who doesn't want to ride on the luxurious Hiram Bingham train and enjoy a scrumptious brunch. We are crafted this trip to be affordable luxury. Check off one more place on that Bucket List and join us!

ITINERARY

Day 1 – Depart USA to Lima
Thu, June 30, 2022
Arrive Lima (LIM) on any regularly scheduled flight. Transfer to the AC Hotel by Marriott Miraflores.

Hotel: AC Hotel by Marriott Miraflores
Room: Deluxe City View
Meals: None

Day 2 – Lima
Fri, Jul 1
After breakfast, a city tour begins with a visit to the *Plaza Mayor*, the official center of the city and the original site where Lima was founded by *Francisco Pizzaro* on January 18, 1535. It is also a World Heritage site. From the historic center, drive across modern Lima for a visit to the *Larco Herrera Museum*, an extensive private collection of pre-Incan ceramics – probably the largest collection of its kind in the world. Lunch at Café *del Museo* Restaurant. The afternoon and evening are at your leisure to further explore Lima. This evening we will host our Welcome Dinner at one of Lima's best restaurants.

Hotel: AC Hotel by Marriott Miraflores
Room: Deluxe City View
Meals: Breakfast, Lunch, Dinner

Day 3 – Lima – Cusco – The Sacred Valley
Sat, Jul 2
Transfer to the airport for our domestic flight to Cusco. Upon arrival in Cusco, an ancient Andean community and former capital of the Inca Empire, we stop for lunch at *Calle del Medio* Restaurant.
After lunch we drive to *The Sacred Valley*, stoppng en-route to visit *Awanankancha*, a center where South American 'Cameloids" (varied members of the camel genus) – Llamas, Alpacas, Guanacos, and Vicunas – are bred.
Continue on to the *Inkary Museum*, created by an inspired group of artists and archaeologists introducing today's Peruvian youth to the pre-Columbian cultures of Peru. Check-in at the Tambo del Inka Luxury Collection Hotel. Overnight in The Sacred Valley.

Hotel: Tambo del Inka Luxury Collection Hotel
Room: Deluxe Terrace

Meals: Breakfast, Lunch

Day 4 – The Sacred Valley
Sun, Jul 3
Today we visit the *Andean Highlands* where we meet the *Quechua*-speaking farmers and weavers of this rural Andean community, and experience Incan lifestyles and traditions. Explore the magical and inspiring world of Quechua Highlanders, learning how traditional people live and work today in the Andean countryside. Participate in the daily activities of *Chivay* village "…the village of beautiful flowers", roaming its quiet streets lined with Spanish Colonial buildings, pausing at local craft shops displaying multi-colored yarns, weaving looms and finished woven garments adorned with ancient Incan designs. Accompanied by the music of flutes and drums, our Quechuan hosts perform age-old terraced-farming farming techniques, blessing their earth, their animals, and the newly plowed land. Lunch will be served at *Rancho Wayra*. A spectacular equestrian exhibition - *The Paso Horses* - will impress with their elegance and synchronized prancing to the rhythm of live *Marinera* music.
After lunch, continue on to the Hotel. Overnight in The Sacred Valley.

Hotel: Tambo del Inka Luxury Collection Hotel
Room: Deluxe Terrace
Meals: Breakfast, Lunch

Day 5 – Machu Picchu
Mon, Jul 4
Today visit the massive fortress of Ollantaytambo. The fortress, a formidable stone structure that climbs massive terraces reaching the top of a high peak, was the valley's main defense against the Antis and was the site of the Incas' greatest victory against the Spanish during the wars of conquest. Constructed of rose-colored granite, this huge installation was once a thriving complex of baths, temples and military barracks. It is a short walk to the station to board the Hiram Bingham train to Machu Picchu. Brunch is served on board. Arrival and short walk to the station to take the bus to Machu Picchu Citadel.
With our guide, explore the incredible ruins of this once indomitable city, assembled sans the use of modern machinery and held in place for centuries without the aid of any mortar. After our visit we stop for tea at the Sanctuary Lodge. Afterwards, return to the town of Aguas Calientes to check in to the Inkaterra Machu Picchu Pueblo Hotel.
Dinner at the hotel.

Hotel: Inkaterra Machu Picchu Pueblo Hotel
Room: Superior
Meals: Breakfast, Brunch, Dinner

Day 6 – Machu Picchu – Cusco
Tue, Jul 5
Morning at leisure. This morning, you will have the opportunity to hike up the Huayna Picchu (additional cost) – the highest mountain which is actually part of the ruins, from where you are afforded excellent views of the surrounding area, as well as a unique view of the famous 'lost city', (approx 2.5 hours). Or explore the grounds of our hotel where there are many wonders to discover, such as the rate orchid tour. In the afternoon, board the Vistadome train back to Cusco city. Once in Cusco, we transfer to our Palacio del Inka Luxury Collection Hotel.

Hotel: Palacio del Inka Luxury Collection

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Room: Classic
Meals: Breakfast

Day 7 – Cusco
Wed, Jul 6
This morning, visit Cusco Cathedral, located on the Plaza de Armas. Completed in 1654, almost one hundred years after construction began, it is dubbed one the most beautiful churches in the Americas, reflecting Gothic, Renaissance, and Baroque styles. Another beautiful church is *Santo Domingo*, a 16th-century Dominican Church and Convent built on the foundations of the Incan *Koricancha* ("The Sun Temple" or "Place of Gold") - an astronomical observatory and religious temple for worship of the sun - with its outer walls covered in sheets of gold. Unfortunately, it was ransacked and destroyed by Spanish conquistadors, with Cusco Cathedral erected from original pieces of Incan stonework. Visit *Sacsayhuamán*, an ancient fortress and impressive example of Incan military architecture, is the final site of the greatest battle between the invading Spanish and the defending Incas. On the return to Cusco, see *Qenqo* ("The Labyrinth"), an Incan shrine dedicated to the Earth Mother, and *Puka-Pukara*, a limestone military construction with intricately carved depictions of mythical beings and dark, winding underground passages. Afternoon at leisure to explore the city on your own. Farewell dinner in Cusco.

Hotel: Palacio del Inka Luxury Collection
Room: Classic
Meals: Breakfast, Dinner

DAY 8 – Cusco – Lima – USA
Thu, Jul 7
Transfer to the airport to board your domestic flight back to Lima. We will have day rooms at the Costa del Sol Wyndham Hotel while we await our return flights to the USA.

Hotel: Costa del Sol Wyndham Hotel
Room: Standard

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RATES	Per Person
Double Occupancy	$4695
Single Occupancy	$5995
Intra – tour flights	
Economy Class	Approx. $450
Business Class	Pls inquire

Special Notes:
Single Occupancy rates can be avoided if you wish to be matched with another single traveler who also wishes to share. If no share is available, the single rate will apply.
Rates are based on current rates and currency exchange rates at the time of publishing the tour online.
Rates are subject to change until final payment has been made. Rates are based on a minimum participation and if the minimum participation is not met rates may need to be revised.

WHAT'S INCLUDED

- 2 nights at the **4* AC hotel by Marriott Miraflores**, 2 nights at the **5* Tambo del Inka**, 1 night at the **5* Inkaterra Machu Picchu Pueblo Hotel**, 2 nights at the **5* Palacio del Inka Luxury Collection**
- Private arrival & departure transfers
- Meals as indicated in the itinerary
- Hiram Bingham train to Machu Picchu with brunch aboard
- Vistadome train to Cusco
- Land transfers, as required by the itinerary
- Sightseeing excursions and entry fees, as stated in the itinerary
- English-speaking local guides
- Coda Tour Representative, with minimum participation
- Pre-departure assistance and Information Portfolio from Coda Tours

NOT INCLUDED

- International airfare and baggage fees
- Intra-tour airfare and baggage fees, quoted separately
- Passport and visa fees (if applicable)
- Trip Cancellation & Interruption insurance (highly recommended)
- Gratuity for local guides, drivers and Coda Tour Manager
- Items of a personal nature (laundry, phone, drinks, etc.)

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TRAVEL PREP

INTERNATIONAL AIRFARE

American, Avianca, Lan and JetBlue are among airlines that can be used to book international airfare for this tour. We recommend booking at least 7 months in advance if you want to use Frequent Flyer Miles or the American Express Platinum card 2-4-1 program. Coda Tours can assist you with your international air booking in Business or Coach class (First Class is rare nowadays on international flights, but if available, we can quote it.) Please ask us to quote for you. We often have favorable rates. There is a standard $35 per ticket ticketing for this service.

INTRA-TOUR AIRFARE

Intra-tour flights will be booked and issued through Coda Tours. Pricing is quoted separately under RATES. Only economy class will be booked. If you wish to have a quote for Business class on these flights, please inquire.

VISAS & VACCINES

A valid passport is required for international travel and must be valid for 6 months after the return date of travel and must have at least two blank pages. No visa is required for entry into Peru for US and Canadian passport holders.

ALTITUDE IN PERU - Because much of the country's highlands are situated more than 10,000 feet above sea level, travelers flying in from lower altitudes can experience symptoms similar to that of a bad hangover, making the first few days in Peru uncomfortable. We do spend our first days at lower altitude to acclimate.

While unpleasant, altitude sickness shouldn't put you off from traveling to Peru. Fortunately for most people, they only feel sluggish for a couple of days until their body has acclimatized, making it more of an inconvenience than a serious concern. Even so, before heading to Peru we recommend familiarizing yourself with the facts, risks and symptoms associated with altitude sickness and what to do if you fall ill during your travels. See our chart below. (If reading on the website, you will see the chart in the downloadable PDF.) Please note that most people do not experience any altitude sickness at all.

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How To Deal With Altitude Sickness

What is Altitude Sickness?

Altitude sickness is an illness that ranges from a mild headache and tiredness to a life-threatening build-up of fluid in the lungs or brain at high altitudes

What Causes Altitude Sickness?

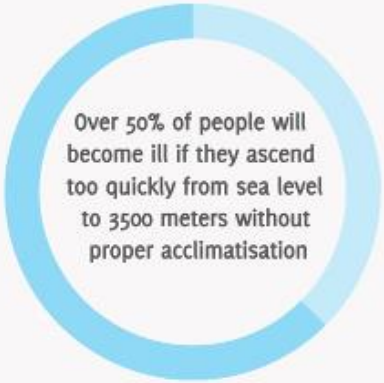
Altitude sickness is caused by low levels of oxygen at very high altitudes. Less oxygen in the blood stream means less oxygen getting into your cells, causing people who ascend too rapidly to develop altitude sickness

No matter your age, sex, level of fitness, or previous experience at high elevations, altitude sickness can strike anyone at any time

Symptoms of Altitude Sickness

- shortness of breath
- headache, nausea
- lethargy
- loss of appetite
- difficulty sleeping
- rapid heart beat
- light-headedness
- pins and needles

Not paying attention to your body and the symptoms of altitude sickness can lead to more serious health affects



Prevention of Altitude Sickness

- Plan your assent
- Don't overexert yourself
- Listen to your body
- Stay properly hydrated
- Avoid alcohol and cigarettes
- Eat small amounts regularly
- Protect yourself from the sun

How to Acclimatize

- If possible, start at a lower altitude and work your way up slowly
- Plan a couple of rest days allowing your body time to adapt to the higher altitudes
- Above 3000 meters, don't increase your sleeping elevation more than 300 meters for each night

Treatment of Altitude Sickness

- Descend to a lower elevation until symptoms abate
- Rest, limit activity & drink plenty of fluids
- Increase your oxygen intake with bottled oxygen
- Take Acetazolamide or Ibuprofen to reduce symptoms

Altitude sickness does not discriminate and can be life-threatening if not treated properly

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PACKING & WEATHER

Coda trips are casual at all times. There is no need for a jacket or tie unless you personally opt to dine at a fine restaurant requiring formal dress. We do not book these restaurants for our group experiences. Pack for a variety of weather. Bring a light jacket or sweater. Jeans, khakis and shorts are fine for daily wear. Comfortable shoes are a must. All hotels offer laundry service, but it can be expensive.

Temperatures will vary on this trip from high 60's during the day to the mid-40's at night.
Altitudes to consider will be in Cusco at 11,152 feet and Machu Picchu at 7,972 feet.

MINIMUMS

All departures are guaranteed on a minimum number of participants. A Coda Tour Manager will accompany a tour also based on a minimum number of participants. This tour can be operated as a Private Tour, can be customized and repriced based on a final itinerary. Rates are based on a minimum participation, if the minimum is not met, rates may need to be revised.

PRE-DEPARTURE INFORMATION

A complete portfolio of pre-departure information will be mailed to you approximately three weeks prior to departure.

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ACCOMMODATIONS

AC Hotel by Marriott Miraflores

Tambo del Inka Luxury Collection Hotel

Inkaterra Machu Picchu Pueblo Hotel

Palacio del Inka Luxury Collection